

**Milk Nutritionals**

<b>Dairy Name</b>	<b>United Dairy Inc.</b>
<b>Dairy Production Facility</b>	<b>Charleston WV</b>

Nutritional / Specification	Gallons				Chocolate Milk	Buttermilk
	Whole	2%	1%	Skim		
Serving Size	1 CUP	1 CUP	1 CUP	1 CUP	1 CUP	1 CUP
Servings per container	16	16	16	16	8	8
Calories	150	130	110	80	140	90
Fat Calories	70	45	20	0	25	0
Total Fat (g)	8	5	2.5	0	2.5	0
Sat Fat (g)	5	3	1.5	0	1.5	0
Trans Fat (g)	0	0	0	0	0	0
Cholesterol (mg)	35	20	15	0	10	5
Sodium (mg)	110	110	125	125	190	220
Total Carb (g)	13	12	13	13	23	14
Dietary Fiber (g)	0	0	0	0	0	0
Sugars (g)	11	11	12	12	25	13
Protein (g)	8	8	9	9	7	9
Vitamin A (%)	6	10	10	10	10	10
Vitamin C (%)	4	4	4	4	4	0
Calcium (%)	30	25	25	30	25	30
Iron (%)	0	0	0	0	0	0
Vitamin D (%)	25	25	25	25	25	30
Ingredients (List All)	whole mik, Vit D3	reduce fat milk, Vit A & D3	lowfat milk, Vit A & D3	skim milk, Vit A & D3	See below	See below
rBST Free (Yes or No)	Yes	Yes	Yes	Yes	Yes	Yes
rBST Free on Label	Yes	Yes	Yes	Yes	Yes	Yes
Gluten Free on Label	Yes	Yes	Yes	Yes	Yes	Yes
Kosher Certified	Yes	Yes	Yes	Yes	Yes	Yes
Kosher Certification Agency	OU	OU	OU	OU	OU	OU

**Chocolate Milk Ingredients** Lowfat Milk, High Fructose Corn Syrup, Cocoa (processed with alkali, Salt, Carrageenan, Starch, Artificial Flavor

**Buttermilk Ingredients** Cultured Skim Milk, Nonfat Dry Milk, Modified Food Starch, Salt, Sodium Citrate, Locust Bean Gum, Carrageenan