

**NASHVILLE (PURITY) - FLUID  
COTTAGE CHEESE, 1% LOWFAT**

# Nutrition Facts

Serving Size 1/2 cup (113g)

Servings Per Container

Amount Per Serving			
<b>Calories</b>	80	<b>Calories from Fat</b>	15
		<b>% Daily Value*</b>	
<b>Total Fat</b>	1.5g		<b>2%</b>
Saturated Fat	1g		<b>4%</b>
Trans Fat	0g		
<b>Cholesterol</b>	10mg		<b>3%</b>
<b>Sodium</b>	560mg		<b>24%</b>
<b>Potassium</b>	190mg		<b>5%</b>
<b>Total Carbohydrate</b>	6g		<b>2%</b>
Dietary Fiber	0g		<b>0%</b>
Sugars	5g		
<b>Protein</b>	11g		<b>22%</b>
<b>Vitamin A</b>	0%	•	<b>Vitamin C</b> 2%
<b>Calcium</b>	10%	•	<b>Iron</b> 0%
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		Calories:	2,000      2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram:			
Fat	9	•	Carbohydrate 4
		•	Protein 4

**INGREDIENTS:** Cultured nonfat milk, milk, nonfat milk, whey, guar gum, citric acid, locust bean gum, acetylated monoglycerides, carrageenan, sodium phosphate (tetrasodium pyrophosphate), monopotassium phosphate, salt, artificial color, phosphoric acid, enzymes.

Contains: milk

COMMENTS: Nomenclature: Lowfat Cottage Cheese 1% Milkfat Small Curd

For Information Purposes Only.  
This formula contains food allergen ingredients.

BRANDON SHEPHERD PRODUCTION FORMULA Formula # 24981 2/14/2011 Status: APPROVED  
Replaces: 5/10/2007 1:01:25 (17746) This Nutrition Last Revised: 09/07/2011

# SWEET ACIDOPHILUS MILK (Serving Size 8 oz)

PURITY MILK PRODUCTS

## Nutrition Facts

Serving Size 1 Cup/Container(240/236mL)

Servings Per Container

### Amount Per Serving

**Calories** 110 Calories from Fat 20

% Daily Value\*

**Total Fat** 2.5g 4%

Saturated Fat 1.5g 8%

Trans Fat 0g

**Cholesterol** 10mg 4%

**Sodium** 125mg 5%

**Total Carbohydrate** 13g 4%

Dietary Fiber 0g 0%

Sugars 12g

**Protein** 8g 17%

Vitamin A 10% • Vitamin C 4%

Calcium 30% • Iron 0%

Vitamin D 25%

\* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: lowfat milk with viable lactobacillus acidophilus, bifidobacterium lactis cultures, vitamin A palmitate, vitamin D3.

# FAT FREE SKIM MILK (Serving Size 8 oz)

PURITY MILK PRODUCTS

<b>Nutrition Facts</b>	
Serving Size 1 Cup/Container(240/236mL)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories</b> 90	Calories from Fat 0
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> less than 5mg	<b>1%</b>
<b>Sodium</b> 125mg	<b>5%</b>
<b>Total Carbohydrate</b> 13g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 12g	
<b>Protein</b> 9g	<b>17%</b>
Vitamin A 10%	Vitamin C 4%
Calcium 30%	Iron 0%
Vitamin D 25%	
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000      2,500
Total Fat	Less than 65g      80g
Sat Fat	Less than 20g      25g
Cholesterol	Less than 300mg      300mg
Sodium	Less than 2,400mg      2,400mg
Total Carbohydrate	300g      375g
Dietary Fiber	25g      30g
Protein	50g      65g
Calories per gram:	
Fat 9	Carbohydrate 4      Protein 4

INGREDIENTS: fat free milk, vitamin A palmitate, vitamin D3.

# FRUIT GROVE APPLE JUICE

## ITEM# 1353

FRONT LABEL

NUTRITIONAL LABEL

<b>Nutrition Facts</b>	
Serving Size 1 Container	
Amount Per Serving	
<b>Calories</b> 60	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 0g	0%
Sugars 14g	
<b>Protein</b> 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 10%	Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet.

A4-A827-003  
A4-A827-003  
A4-A827-012

4-RefB  
2-369  
3-364

evergreen packaging

With Calcium!

**Apple Juice**

100% Apple Juice from concentrate

**Fruit Grove**

With Calcium

100% Apple Juice from concentrate

4 FL OZ (118mL)

PUSH UP HERE

THANK YOU FOR SELECTING

**Fruit Grove**

TO OPEN

100% Juice • With Calcium

INGREDIENTS: WATER, APPLE JUICE CONCENTRATE, TRICALCIUM CITRATE.

DISTRIBUTED BY DEAN FOODS COMPANY  
DALLAS, TX 75204 • 1-800-395-7004

CONTAINS APPLE JUICE CONCENTRATE FROM USA, ARGENTINA, BRAZIL, CHINA, AND/OR CHILE.

KEEP REFRIGERATED  
USE BY DATE SHOWN ABOVE  
PASTEURIZED

PUSH UP HERE

**NASHVILLE (PURITY) - FLUID  
BUTTERMILK, CULTURED 0.5% LOWFAT  
VITAMIN A & D**

**Nutrition Facts**

Serving Size 1 Cup(240mL)  
Servings Per Container

**Amount Per Serving**

**Calories 100**      **Calories from Fat 10**

% Daily value\*

**Total Fat 1.5g**      **2%**

**Saturated Fat 1g**      **4%**

    Trans Fat 0g

**Cholesterol 10mg**      **3%**

**Sodium 340mg**      **14%**

**Total Carbohydrate 13g**      **4%**

    Dietary Fiber 0g      **0%**

    Sugars 12g

**Protein 8g**

**Vitamin A 10%**      **Vitamin C 4%**

**Calcium 30%**      **Iron 0%**

**Vitamin D 25%**

\* Percent Daily Values are based on a 2000 calorie diet.  
Your daily values may be higher or lower depending on  
your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Protein		50g	65g	

Calories per gram

Fat 9      Carbohydrate 4      Protein 4

**INGREDIENTS:** cultured nonfat milk, cream, salt, food starch-modified, locust bean gum, mono and diglycerides, carrageenan, dextrose, sodium citrate, vitamin A Palmitate, vitamin D3

**Contains:** milk

Dean Foods, 2711 North Haskell Ave, Suite 3400, Dallas, Texas 75204

KYLE MARTIN, PRODUCTION FORMULA, Formula # 23946, Status WORK IN PROCESS  
Replaces 9/20/2004, 8.08.15, 10227, Nutrition Last Revised 04/07/2010

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# ORANGE JUICE

PURITY JUICE & BEVERAGES

## Nutrition Facts

Serving Size 1 Cup/Container(240/236mL)

Servings Per Container

### Amount Per Serving

**Calories** 120 Calories from Fat 0

**% Daily Value\***

**Total Fat** 0g **0%**

    Saturated Fat 0g **0%**

    Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 0mg **0%**

**Potassium** 420mg **12%**

**Total Carbohydrate** 29g **10%**

    Dietary Fiber 0g **0%**

    Sugars 28g

**Protein** 1g

Vitamin A 0% • Vitamin C 100%

Calcium 2% • Iron 0%

\* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: water, orange juice concentrate.



# Ready Leaf™

## No Calories Sweet Tea



ONE PINT (473mL)

### Nutrition Facts

Serving Size 8 fl oz (240mL)  
Servings Per Container 2

Amount Per Serving  
Calories 0      Calories from Fat 0

% Daily Value\*

Total Fat 0g      0%

Saturated Fat 0g      0%

Trans Fat 0g

Cholesterol 0mg      0%

Sodium 10mg      1%

Total Carbohydrate 0g      0%

Dietary Fiber 0g      0%

Sugars 0g

Protein 0g

Vitamin A 0%      • Vitamin C 0%

Calcium 0%      • Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: WATER, LESS THAN 1% OF TEA EXTRACT, CARAMEL COLOR, CITRIC ACID, PHOSPHORIC ACID, SUCRALOSE, POTASSIUM SORBATE (PRESERVATIVE).

SWEETENED WITH NONNUTRITIVE SWEETENER.

DISTRIBUTED BY:  
DEAN FOODS COMPANY  
DALLAS, TX 75204

www.ready-leaf.com  
COMMENTS? 1-800-395-7004

PASTEURIZED  
PLANT # STAMPED ABOVE  
KEEP REFRIGERATED





JOB#: DF20686 Part 12  
 RM#: 2035973  
 FILE: TM FF CHOC  
 SIZE: Half Pint  
 FLAVOR: Fat Free  
 OVERBRAND: TruMoo  
 FORMULA: 32356

PROOF # 2    DATE: 1.11.17 8:00am

PRINTER: Evergreen, NJ  
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 TEMPLATE SIZE: -  
 SUBSTRATE: Flexo Carton

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 Livonia, MI; Louisville, KY; Marquette, MI; Purity - Nashville, TN; Sharpsville, PA; Sioux Falls, SD;  
 Spartanburg, PA; Springfield, OH

SEPARATIONS:

1 { Pro Blue DF  
 2 { 477 Brown DF  
 3 { 7526 Brown DF

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# TruMoo® Strawberry Milk Nutrition

Every scrumptious sip of TruMoo Strawberry Milk is made from fresh, pure milk and contains calcium, protein and vitamins A & D. TruMoo Strawberry Milk has no artificial coloring, no high fructose corn syrup and no artificial growth hormones\*. Check out the nutrition labels below for all the delicious details!

**Nutrition Facts**  
Serving Size 1 cup (240mL)  
Servings Per Container 8

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**Amount Per Serving**

**Calories** 110    **Calories from Fat** 0

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**% Daily Value\***

**Total Fat** 0g                    **0%**  
Saturated Fat 0g                **0%**  
Trans Fat 0g

**Cholesterol** 5mg               **2%**  
**Sodium** 125mg                **5%**  
**Potassium** 400mg            **12%**  
**Total Carbohydrate** 19g    **6%**  
Dietary Fiber 0g                **0%**  
Sugars 18g

**Protein** 8g                        **16%**

Vitamin A 10% • Vitamin C 2%  
Calcium 30% • Iron 0% • Vitamin D 25%  
Riboflavin 25% • Folate 2%  
Vitamin B12 20% • Phosphorus 20%

\*Percent Daily Values are based on a 2,000 calorie diet.

**Nutrition Facts**  
Serving Size 1 cup (240mL)  
Servings Per Container 8

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**Amount Per Serving**

**Calories** 130    **Calories from Fat** 20

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**% Daily Value\***

**Total Fat** 2.5g                  **4%**  
Saturated Fat 1.5g              **8%**  
Trans Fat 0g

**Cholesterol** 15mg              **4%**  
**Sodium** 125mg                **5%**  
**Potassium** 400mg            **11%**  
**Total Carbohydrate** 19g    **6%**  
Dietary Fiber 0g                **0%**  
Sugars 18g

**Protein** 8g                        **16%**

Vitamin A 10% • Vitamin C 2%  
Calcium 25% • Iron 0% • Vitamin D 25%  
Riboflavin 20% • Folate 2%  
Vitamin B12 20% • Phosphorus 20%

\*Percent Daily Values are based on a 2,000 calorie diet.

\*No significant difference has been shown in milk from cows treated with the artificial growth hormone rbST and non rbST treated cows.