



BORDEN DAIRY COMPANY
Research & Development

UNIFIED NUTRITION FACTS FOR WHITE MILK

03/06/2014
Reviewed 6/16/16 KES

Nutrition Facts	Skim Milk		Lowfat Milk		Reduced Fat Milk		Whole Milk	
	(236 mL/240 mL)*		(236 mL/240 mL)*		(236 mL/240 mL)*		(236 mL/240 mL)*	
Serving Size 1 Container / 1 Cup*								
Servings Per Container								
Amount Per Serving								
Calories	80		100		120		150	
Calories from Fat	0		20		45		70	
	%Daily Value*		%Daily Value*		%Daily Value*		%Daily Value*	
Total Fat	0g	0%	2.5g	4%	5g	8%	8g	12%
Saturated Fat	0g	0%	1.5g	8%	3g	15%	5g	25%
Trans fat	0g		0g		0g		0g	
Cholesterol	5mg	2%	10mg	3%	20mg	7%	35mg	12%
Sodium	125mg	5%	125mg	5%	125mg	5%	125mg	5%
Potassium	390mg	11%	390mg	11%	390mg	11%	390mg	11%
Total Carbohydrate	12g	4%	12g	4%	12g	4%	12g	4%
Dietary fiber	0g	0%	0g	0%	0g	0%	0g	0%
Sugars	12g		12g		12g		12g	
Protein	8g		8g		8g		8g	
	Vitamin A	10%		10%		10%		6%
	Vitamin C	4%		4%		4%		4%
	Calcium	30%		30%		30%		30%
	Iron	0%		0%		0%		0%
	Vitamin D	25%		25%		25%		25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

*The nutrition facts provided apply to single serve (236 mL) and multi serve (240 mL) presentations and are in accordance with federal regulations.



BORDEN DAIRY COMPANY
Research & Development

Ingredient Statements for Non-Organic Milk – All Sizes (Federal Standards)

Fat Free Skim Milk:

INGREDIENTS: FAT FREE MILK, VITAMIN A PALMITATE, VITAMIN D₃

1% Lowfat Milk:

INGREDIENTS: LOWFAT MILK, VITAMIN A PALMITATE, VITAMIN D₃

2% Reduced Fat Milk:

INGREDIENTS: REDUCED FAT MILK, VITAMIN A PALMITATE, VITAMIN D₃

Whole Milk:

INGREDIENTS: MILK, VITAMIN D₃



BORDEN DAIRY COMPANY
Research & Development

CININNATI BUTTERMILK
NLEA
06/04/2013

Nutrition Facts

Serving size 1 Cup (240 mL)
Servings per container

Amount Per Serving	
Calories 160	Fat Cal 80
	%Daily Value*
Total Fat 9g	14%
Saturated Fat 6g	30%
Trans fat 0g	
Cholesterol 35mg	12%
Sodium 160mg	7%
Potassium 370mg	11%
Total Carbohydrate 12g	4%
Dietary fiber 0g	0%
Sugars 12g	
Protein 8g	
Vitamin A 6%	• Vitamin C 0%
Calcium 30%	• Iron 0%
Vitamin D 25%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less Than		65g	80g
Sat Fat	Less Than		20g	25g
Cholesterol	Less Than		300mg	300mg
Sodium	Less Than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

INGREDIENTS: CULTURED MILK, SALT, VITAMIN D₃.



1% LOWFAT STRAWBERRY MILK

Nutrition Facts	
Serving Size 1 container (240 ml)	
Amount Per Serving	
Calories 170	Calories from Fat 20
	% Daily Value*
Total fat 2g	3%
Saturated fat 1.5g	8%
Trans fat 0g	
Cholesterol 10mg	4%
Sodium 90mg	4%
Total Carbohydrate 31g	10%
Dietary Fiber 0g	0%
Sugar 31g	
Protein 8g	17%
Vitamin A 10%	Vitamin C 4%
Calcium 30%	Vitamin D 25%
Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS:

Lowfat Milk, High fructose corn syrup, natural and artificial flavorings, carrageen, Red #40, Vitamin A Palmitate, Vitamin D3



NONFAT STRAWBERRY MILK (HFCS/22g sugar)

Nutrition Facts	
Serving Size 1 container (240 ml)	
Amount Per Serving	
Calories 120	Calories from Fat 0
	% Daily Value*
Total fat 0g	0%
Saturated fat 0 g	0%
Trans fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 22g	7%
Dietary Fiber 0g	0%
Sugar 22 g	
Protein 8g	17%
Vitamin A 10%	Vitamin C 4%
Calcium 30%	Vitamin D 25%
Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS:

Nonfat milk, high fructose corn syrup, corn starch, carrageen, artificial flavorings, salt, red #40, vitamin A palmitate, vitamin D3



CHOCOLATE MILK

Nutrition Facts

Serving Size 1 cup (240 ml)

Servings per container 2

Amount Per Serving

Calories 220	Calories from Fat 70	% Daily Value*
Total fat 8g		12%
Saturated fat 5g		25%
Trans fat 0g		
Cholesterol 35mg		12%
Sodium 220mg		9%
Total Carbohydrate 29g		10%
Dietary Fiber less than 1g		2%
Sugars 27g		
Protein 8g		
Vitamin A 6%	Vitamin C 2%	
Calcium 30%	Iron 2%	

* Percent Daily Values are based on a 2,000 calorie diet

INGREDIENTS: MILK, HIGH FRUCTOSE CORN SYRUP, SUCROSE SYRUP, COCOA (PROCESSED WITH ALKALI), CORN STARCH, SALT, CARRAGEENAN, VANILLIN

Rev 1 12 16 KES

Confidential proprietary information of Borden Dairy Company and affiliates. No part of this document may be copied, in whole or in part, without the express prior written consent of Borden Dairy Company.

Chocolate Milk 5# 1015-50
 Skim, HFCS, 21 g sugar per serving



Nutrition Facts	
Serving Size (247g)	
Servings Per Container	
Amount Per Serving	
Calories 130	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 240mg	10%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Sugars 21g	
Protein 8g	
Vitamin A 10%	• Vitamin C 2%
Calcium 25%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Nonfat Milk, High Fructose Corn Syrup, Corn Starch, Cocoa (Processed with Alkali), Salt, Caramel Color, Carrageenan, Natural & Artificial Flavor, Vitamin A Palmitate, Vitamin D₃.

This nutritional information has been derived from calculations using the Genesis Nutritional Labeling Software. These approximations depend on information provided by suppliers. Variations in natural ingredients may occur. Values given here are supplied as an aid in development work, but should not be used solely to determine final product labeling. We advise customers to conduct further analysis of their final products as required by Code of Federal Regulations, Title 21 Section 101.9.

The above information is presented in good faith, but is not warranted as to accuracy of results. It is solely for your investigation, verification, and consideration.



Lowfat Cottage Cheese

Nutrition Facts		
Serving Size: ½ cup (105 g)		
Amount Per Serving		
Calories 80 Calories from Fat 15		
Amount per serving	% Daily Value	
Total fat	1g	2%
Saturated fat	0.5g	3%
Trans fat	0g	
Cholesterol	10mg	3%
Sodium	420mg	18%
Total carbohydrate	3g	1%
Dietary fiber	0g	0%
Sugars	3g	
Protein	13g	
Vitamin A		4%
Vitamin C		10%
Calcium		8%
Iron		0%

Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Cultured skim milk, milk, grade A whey, salt, food starch, guar gum, citric acid, locust bean gum, carrageenan, sodium and potassium phosphate, lecithin, natural flavor.

Rev. 1/12/16 KES

Confidentially providing information of Borden Dairy Company and its affiliates, in part or in whole, to any third party without the express prior written consent of Borden Dairy Company.



Sour Cream

Nutrition Facts		
Serving Size: 2 tbsp. (30 g)		
Amount Per Serving		
Calories 60 Calories from Fat 45		
Amount per serving		% Daily Value
Total fat	25g	8%
Saturated fat	3g	16%
Trans fat	0g	
Cholesterol	15mg	2%
Sodium	60mg	6%
Total carbohydrate	1g	0%
Dietary fiber	0g	0%
Sugars	1g	
Protein	1g	16%
Vitamin A		8%
Vitamin C		2%
Calcium		4%
Iron		6%

Percent Daily Values are based on a 2,000 calorie diet

INGREDIENTS: Grade A pasteurized cream, grade A whey, modified food starch, sodium phosphate, guar gum, carrageenan, calcium sulfate, locust bean gum, culture

Rev. 1/12/16 KES

Confidential proprietary information of Borden Dairy Company and its affiliates. No part of this document may be disclosed in whole or in part without the express prior written consent of Borden Dairy Company.

Dairymens
LowFat Cottage Cheese

NUTRITION FACTS			
Serving Size	1/2 Cup (113g)	3/8/05	
Servings Per Container	?		
Amount Per Serving			
Calories	90	Calories from Fat	15
% Daily Value			
Total Fat	1.5 g		3%
Saturated Fat	1 g		5%
Trans Fat	0 g		-----
Cholesterol	10 mg		3%
Sodium	480 mg		20%
Potassium	180 mg		5%
Total Carbohydrate	5 g		2%
Dietary Fiber	0 g		0%
Sugars	5 g		-----
Protein	12 g		25%
Vitamin A	4%	Vitamin C	0%
Calcium	10%	Iron	0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		Calories.	2,000 2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g
Calories per gram.			
Fat - 9	Carbohydrate - 4	Protein - 4	Printed 9-Mar-05

Proposed ingredient listing: Cultured nonfat milk, milk, whey, salt, nonfat dry milk, food starch (*corn*), guar gum, potassium sorbate (to help preserve freshness), citric acid, carrageenan, locust bean gum, polysorbate 80, lactic acid, phosphoric acid, sodium phosphate (*tetrasodium pyrophosphate*), natural flavor, lecithin, monopotassium phosphate, vitamin A palmitate, and enzymes.

Contains milk and soy.

Keep Refrigerated

This nutritional information is to the best of Crest Foods currently has available. These nutrient values have been derived from one or a combination of the following sources: 1) Supplier information; 2) Certain published data; 3) Crest In-house analysis; 4) Results of analysis by commercial laboratories on samples submitted by Crest Foods. This information is furnished without warranty, express or implied. No legal responsibility is assumed for the use of, or reliance on, this data. As additional information becomes available the nutritional values for this product are subject to change.

Dairymens
Small Curd Cottage Cheese (4% BF)

NUTRITION FACTS			
Serving Size	1/2 Cup (113g)	3/8/05	
Servings Per Container	?		
Amount Per Serving			
Calories	110	Calories from Fat	45
% Daily Value			
Total Fat	5 g		8%
Saturated Fat	3 g		15%
Trans Fat	0 g		-----
Cholesterol	25 mg		8%
Sodium	480 mg		20%
Potassium	150 mg		4%
Total Carbohydrate	5 g		2%
Dietary Fiber	0 g		0%
Sugars	4 g		-----
Protein	12 g		24%
Vitamin A	4%	Vitamin C	2%
Calcium	8%	Iron	0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		Calories	2,000 2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g
Calories per gram:			
Fat - 9	Carbohydrate - 4	Protein - 4	Printed 9-Mar-05

Proposed ingredient listing: Cultured nonfat milk, milk, cream, salt, whey, nonfat dry milk, food starch (corn), potassium sorbate (to help preserve freshness), guar gum, citric acid, carrageenan, locust bean gum, polysorbate 80, lactic acid, phosphoric acid, natural flavor, sodium phosphate (tetrasodium pyrophosphate), lecithin, monopotassium phosphate, and enzymes Contains: Milk and Soy.
 Keep Refrigerated

THIS NUTRITIONAL INFORMATION IS THE BEST CURRENTLY AVAILABLE. THESE NUTRITIONAL VALUES MAY BE OBTAINED FROM ONE OR A COMBINATION OF THE FOLLOWING SOURCES: 1) SUPPLIER INFORMATION, 2) CERTAIN PUBLISHED DATA, 3) FIRST IN-HOUSE ANALYSIS, 4) RESULTS OF ANALYSIS BY COMMERCIAL LABORATORIES ON SAMPLES SUBMITTED BY GREAT FOODS. THIS INFORMATION IS REPORTED WITHOUT WARRANTY, EXPRESSED OR IMPLIED. NO LEGAL RESPONSIBILITY IS ASSUMED FOR THE USE OF, OR RELIANCE ON, THIS DATA. AS ADDITIONAL INFORMATION BECOMES AVAILABLE THE NUTRITIONAL VALUES FOR THIS PRODUCT ARE SUBJECT TO CHANGE.



Product: ICED TEA, LEMON FLAVORED

Nutrition Facts	
Serving Size 8 fl oz	
Amount per serving	
Calories 110	Fat Cal 0
	% Daily Value*
Total fat 0g	0%
Saturated fat 0g	0%
Trans fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 26g	9%
Dietary fiber 0g	
Sugars 25g	
Protein 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS: WATER, SUGAR, TEA, MALTODEXTRIN, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, POTASSIUM SORBATE, SODIUM BENZOATE, CARAMEL.

1.10.13 djd



Orange Juice

Nutrition Facts	
Serving Size 1 cup (240 ml)	
Amount Per Serving	
Calories 110	Calories from Fat 0
	% Daily Value*
Total fat 0 g	0%
Sodium 0mg	0%
Total Carbohydrate 27g	9%
Sugar 21 g	
Protein 2g	4%
Vitamin A 6%	Vitamin C 160%
Calcium 2%	

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, and iron.


* Percent Daily Values are based on a 2,000 calorie diet.

Contains 100% Orange Juice

INGREDIENTS: Filtered water, orange juice concentrate from USA and/or Brazil and/or Argentina.

Rev. jan 8 2014 DJD

Silk Original Soy Milk, Shelf-Stable, 32 Fl Oz Carton, 12/Case

Item Number: 278650 

This all natural soy milk is lactose-free, dairy-free, and cholesterol-free. It offers a smooth, wholesome flavor.



- Extended shelf life reduces spoilage

Case (12/32 Fluid Ounce Carton)

Nutrition

Based On: AP Soy Milk, Plain Aseptic, Silk Rounding: On

Ingredients

For ingredient or allergen information please contact: White Wave, phone: 303-635-4500. Manufacturer number: 100262. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated May 2019. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 cup (240g)	
Amount Per Serving	
Calories 100	Calories From Fat 31.5
	% Daily Value *
Fat 3.5g	5%
Saturated Fat 0.5g	2%
Trans Fat 0g	
PolyUnsat. Fat 2g	n/a
MonoUnsat Fat 0.5g	n/a
Cholesterol 0mg	n/a
Sodium 90mg	4%
Potassium 300mg	9%
Carbohydrates 12g	4%
Fiber 1g	4%
Sugar 9g	
Protein 6g	12%
Vitamin A 10% Vitamin C 0% Vitamin D 0% Calcium 45%	
Iron 6% Phosphorous 8%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	



Silk Lactose Free Dark Chocolate Almond Milk, Shelf-Stable, 8 Fl Oz Each, 18/Case

Item Number: 536330

These lactose and dairy-free, chocolate flavored beverages are made from whole almonds.

- Aseptic packaging for convenience and portability
- Suits the needs for a vegetarian or vegan beverage

Case (18/8 Fluid Ounce Each)

Nutrition

Based On: AP Milk, Almond, Dk Choc, Silk Rounding: On

Ingredients

For ingredient or allergen information, please contact: White Wave, phone: 303-635-4500. Manufacturer number: 101893. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated May 2018. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 each (226.8g)	
Amount Per Serving	
Calories 120	Calories From Fat 22.5
	% Daily Value *
Fat 2.5g	4%
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol	n/a
Sodium 190mg	8%
Potassium	n/a
Carbohydrates 23g	8%
Fiber	n/a
Sugar 21g	
Protein 2g	4%
Vitamin A 10% Vitamin C n/a Vitamin D 10% Calcium n/a	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

Dairy Star Lactose Free Fat Free Skim White Milk, Refrigerated, 8 Fl Oz Carton, 12/Case

Item Number: 170879 

This fat-free, lactose-free milk is 100 percent real milk that is ultra pasteurized and offers a creamy, smooth flavor.

- Extended shelf life reduces spoilage



Case (12/8 Fluid Ounce Carton)

Nutrition

Based On: AP Non Fat White Milk, Lactose Fr, 8floz Rounding: On

Ingredients

Fat free milk, contains less than 1% of: lactase enzyme*, vitamin A palmitate, vitamin D3 * An ingredient not found in regular milk. COMMON ALLERGENS PRESENT: Milk. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated February 2018. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 cup (240g)	
Amount Per Serving	
Calories 90	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 5mg	2%
Sodium 130mg	5%
Potassium	n/a
Carbohydrates 13g	4%
Fiber 0g	n/a
Sugar 12g	
Protein 8g	16%
Vitamin C n/a	Calcium n/a
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9	Carbohydrates: 4 Protein: 4

Dairy Star Imitation Sour Cream, Single-Serve, Packets, 1 Oz Each, 100/Case

Item Number: 698731 

These are single serve packets of imitation sour cream. Ideal for use as an ingredient in baking, a topping on vegetables like baked potatoes or as a condiment.



Case (100/1 Ounce Each)

Nutrition

Based On: AP Sour, Cream, Imit Pkt, 1z, Dairy Star Rounding: On

Ingredients

Water, Hydrogenated Coconut Oil, Hydrogenated Palm Kernel Oil, Corn Syrup Solids, Whey, Food Starch-Modified (Corn), Cultured Sodium Caseinate (a milk derivative), Sodium Hexametaphosphate, Guar Gum, Salt, Mono and Diglycerides, Sodium Stearoyl Lactylate, Sodium Citrate, Carrageenan, Locust Bean Gum, Beta Carotene (color), Potassium Sorbate (a preservative), Natural and Artificial Flavor. COMMON ALLERGENS PRESENT: Milk. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated December 2016. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 each (28.35g)	
Amount Per Serving	
Calories 60	Calories From Fat 40.5
	% Daily Value *
Fat 4.5g	7%
Saturated Fat 4.5g	23%
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 65mg	3%
Potassium 15mg	n/a
Carbohydrates 3g	1%
Fiber 0g	n/a
Sugar 1g	
Protein 0g	n/a
Vitamin A IU 0% Vitamin C 0% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

Yoplait Light Fat Free Vanilla Yogurt, Cup, 6 Oz Each, 12/Case

Item Number: 769640 

This light vanilla yogurt is suitable for breakfast and grab-and-go service. It is a good source of protein and vitamin D.



- No preparation needed for instant consumption
- Contains zero grams trans fat
- Gluten-free

Case (12/6 Ounce Each)

Nutrition

Based On: AP Yogurt, Vanilla, Lt, FF, Yoplait Rounding: On

Ingredients

Pasteurized Grade A Nonfat Milk, Modified Corn Starch, Sugar, Kosher Gelatin, Potassium Sorbate Added to Maintain Freshness, Natural and Artificial Flavor, Acesulfame Potassium, Sucralose, Vitamin A Acetate, Yogurt Cultures (*L. bulgaricus*, *S. thermophilus*, *L. acidophilus*), Vitamin D3. COMMON ALLERGENS PRESENT: MILK. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated June 2019. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 each (170.1g)

Amount Per Serving

Calories 90

	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 5mg	2%
Sodium 80mg	3%
Potassium	n/a
Carbohydrates 16g	5%
Fiber 0g	n/a
Sugar 10g	
Protein 5g	10%


Vitamin C n/a Vitamin D IU 0% Calcium 0% Iron 0%

* Based on a 2000 calorie diet

Calories Per Gram:

Fat: 9 Carbohydrates: 4 Protein: 4

Yoplait Light Nonfat Strawberry Yogurt, 6 Oz Each, 12/Case

Item Number: 119281 

This light strawberry yogurt is suitable for breakfast and grab-and-go service. It is a good source of protein and vitamin D.



- No preparation needed for instant consumption
- Contains zero grams trans fat
- Gluten-free

Case (12/6 Ounce Each)

Nutrition

Based On: AP Yogurt, Strawberry, Lite, 6oz, Yoplait Rounding: On

Ingredients

Pasteurized Grade A Nonfat Milk, Strawberries, Modified Corn Starch, Sugar, Kosher Gelatin, Citric Acid, Natural Flavor, Tricalcium Phosphate, Potassium Sorbate Added to Maintain Freshness, Acesulfame Potassium, Sucralose, Red #40, Vitamin A Acetate, Yogurt Cultures (*L. bulgaricus*, *S. thermophilus*, *L. acidophilus*), Vitamin D3. COMMON ALLERGENS PRESENT: MILK AND ITS DERIVATIVES. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated June 2019. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 6 oz (170.1g)

Amount Per Serving

Calories 90

	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 5mg	2%
Sodium 80mg	3%
Potassium	n/a
Carbohydrates 16g	5%
Fiber 0g	n/a
Sugar 10g	
Protein 5g	10%

Vitamin C n/a Vitamin D IU 0% Calcium 0% Iron 0%

* Based on a 2000 calorie diet

Calories Per Gram:

Fat: 9 Carbohydrates: 4 Protein: 4

Cool Tropics Welch's 100% Concord Grape Slushie, Shelf-Stable, Single-Serve, 4 Fl Oz Bag, 60/Case

Item Number: 758990

One hundred percent juice slushies are made from a blend of concord grapes and other grape juice.

- Individual serving size for convenience and portion control



Case (60/4 Fluid Ounce Bag)

Nutrition

Based On: AP Slushie, Grp, 100%, 4flz-Welch's Rounding: On

Ingredients

For ingredient or allergen information, please contact: Tropical Paradise, phone: 781-357-1210, Manufacturer number: 14501 Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated June 2019, This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 each (12.0g)

Amount Per Serving

Calories 60

% Daily Value *

Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 15mg	1%
Potassium 140mg	4%
Carbohydrates 15g	5%
Fiber 0g	n/a
Sugar 12g	
Protein 0g	n/a

Vitamin C 100% Calcium 0% Iron 2%

* Based on a 2000 calorie diet

Calories Per Gram:

Fat: 9 Carbohydrates: 4 Protein: 4