

**Milk Nutritionals**

<b>Dairy Name</b>	<b>United Dairy Inc.</b>
<b>Dairy Production Facility</b>	<b>Charleston WV</b>

Nutritional / Specification	Gallons					
	Whole	2%	1%	Skim	Chocolate Milk	Buttermilk
	1 CUP	1 CUP	1 CUP	1 CUP	1 CUP	1 CUP
Serving Size	<b>16</b>	<b>16</b>	<b>16</b>	<b>16</b>	<b>8</b>	<b>8</b>
Servings per container	150	130	110	80	140	90
Calories	70	45	20	0	25	0
Fat Calories	8	5	2.5	0	2.5	0
Total Fat (g)	5	3	1.5	0	1.5	0
Sat Fat (g)	0	0	0	0	0	0
Trans Fat (g)	35	20	15	0	10	5
Cholesterol (mg)	110	110	125	125	190	220
Sodium (mg)	13	12	13	13	23	14
Total Carb (g)	0	0	0	0	0	0
Dietary Fiber (g)	11	11	12	12	25	13
Sugars (g)	8	8	9	9	7	9
Protein (g)	6	10	10	10	10	10
Vitamin A (%)	4	4	4	4	4	0
Vitamin C (%)	30	25	25	30	25	30
Calcium (%)	0	0	0	0	0	0
Iron (%)	25	25	25	25	25	30
Vitamin D (%)	Ingredients					
(List All)	whole mik, Vit D3	reduce fat milk, Vit A & D3	lowfat milk, Vit A & D3	skim milk, Vit A & D3	See below	See below
rBST Free (Yes or No)	Yes	Yes	Yes	Yes	Yes	Yes
rBST Free on Label	Yes	Yes	Yes	Yes	Yes	Yes
Gluten Free on Label	Yes	Yes	Yes	Yes	Yes	Yes
Kosher Certified	Yes	Yes	Yes	Yes	Yes	Yes
Kosher Certification Agency	OU	OU	OU	OU	OU	OU

**Chocolate Milk Ingredients**    Lowfat Milk, High Fructose Corn Syrup, Cocoa (processed with alkali, Salt, Carrageenan, Starch, Artificial Flavor)

**Buttermilk Ingredients**    Cultured Skim Milk, Nonfat Dry Milk, Modified Food Starch, Salt, Sodium Citrate, Locust Bean Gum, Carrageena